



Parent Education Night Hosted at Woodside

Woodside recently hosted a parent education night in January, led by School Counselor Becky Steckbauer, and Fifth Grade Teacher/Coordinator Scott Sigourney. Parents learned about resilience to Adverse Childhood Experiences (ACEs) and toxic stress by watching the documentary *Resilience*. Following the viewing of this film, the Parent Education Team from Woodside presented additional information on the topic.

Parents were very interested in the topic, and expressed eagerness to share the message and what they learned with other parents and community members!

