

EMPLOYEE ASSISTANCE PROGRAM (EAP)

(715) 344-6379

or

1-800-540-3758

As our world becomes more complex, personal and family problems increase and become more complicated. These problems, whether emotional, psychological, marital, alcohol and drug, or family related, are facing more and more people every day.

Fortunately, help is available. Your Employee Assistance Program can aid you in finding solutions to your concerns. This might involve a referral to counseling, support groups, or community programs that address your needs. Using your EAP to deal with a worrisome situation could prevent it from becoming a major problem.

Your EAP provides free problem solving assessment, referral and follow-up for you and your family. All contact with the EAP is strictly confidential. Participation in the EAP is voluntary - you take the first step. EAP assistance is free.



www.aeas-eap.com

