

Wisconsin Rapids Public Schools
MEAD SEPTEMBER 2011 BREAKFAST MENU
BREAKFAST IS FREE FOR ALL MEAD STUDENTS.

May 20, 2011

Monday	Tuesday	Wednesday	Thursday	Friday
			1 WHOLE GRAIN MUFFIN SUNFLOWER SEEDS FRESH FRUIT	2 COLD CEREAL CHEESE STICK FRUIT JUICE
5 NO SCHOOL	6 MINI CINNI BUNS FRUIT JUICE	7 COLD CEREAL GRIPZ GRAHAM CRACKERS FRESH FRUIT	8 WHOLE GRAIN MUFFIN HONEY ROASTED SOY NUTS FRUIT JUICE	9 MINI BAGEL CREAM CHEESE YOGURT FRUIT JUICE
12 SOFT CHEESE PRETZEL FRUIT JUICE	13 CHERRY FRUDEL APPLESAUCE CUP	14 COLD CEREAL SCOOBY DOO CRACKERS FRESH FRUIT	15 RICE KRISPIE CEREAL BAR CHEDDAR CHEESE STICK STRAWBERRY CUP	16 FRUITY CHEERIO BAR HARD BOILED EGG FRUIT JUICE
19 CIN. TOAST CEREAL BAR CHEESE STICK FRUIT JUICE	20 YOGURT SUNFLOWER SEEDS FRUIT JUICE	21 COLD CEREAL BUG BITES CRACKERS APPLESAUCE CUP	22 WHOLE GRAIN MUFFIN CHEESE STICK FRESH FRUIT	23 RICE KRISPIE CEREAL BAR SUNFLOWER SEEDS FRUIT JUICE
26 ENGLISH MUFFIN CHEESE STICK APPLESAUCE CUP	27 COLD CEREAL YOGURT FRUIT JUICE	28 APPLE FRUDEL FRUIT JUICE	29 WHOLE GRAIN MUFFIN SUNFLOWER SEEDS FRESH FRUIT	30 COLD CEREAL CHEESE STICK FRUIT JUICE

FREE AND REDUCED BREAKFAST - NO CHARGE
 PAID BREAKFAST - \$1.10
 ADULT BREAKFAST - \$1.65

MENU MAY BE SUBJECT TO CHANGE.

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.