



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



MAY 2016

YMCA URBAN DAY CAMP • June 13–Aug 26

With 11 weeks of camp to pick from the YMCA Urban Day Camp will keep kids motivated, entertained and they will be encouraged to exercise independent thinking. Each week will have activities that they will enjoy, including: YMCA Swim Lessons | Accelerated Math through Renaissance Learning | Physical Activity & Nutrition Education | Sports | Gymnastics & Cheer | Experience YMCA Camp Alexander!

DAY CAMP SCHEDULE

FREE Pre-Care . . . 7:30am–8:30am at Mead Elementary School
with breakfast provided

Day Camp 9:00am–4:00pm
Kids will be bussed to: SWC YMCA Port Edwards in June & August &
YMCA Camp Alexander in July

Pickup 4:15pm kids will be bussed back to
Mead Elementary School to be picked up

ADDITIONAL INFORMATION

AGE 6–12

ELIGIBILITY . . . Students who are Wisconsin Rapids Residents

FEE \$20/week/child receiving reduced lunch & milk program
\$40/week/child receiving regular lunch program

*Each child can register for up to 4 weeks of camp.

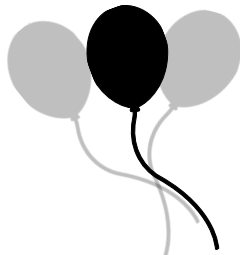
FOR MORE INFORMATION

Matt Zakowski at 715 818 6012 or zakowski@swcymca.org

OR

Doug Wickersham at 715 818 6014 or wickersham@swcymca.org

• DISCOVER • IMAGINE • PLAY • DISCOVER • IMAGINE • PLAY • DISCOVER • IMAGINE •



HEALTHY KIDS DAY • FREE TO ALL FAMILIES IN THE COMMUNITY

FRIDAY • JUNE 17 • 5:30PM–7:00PM • at WITTER FIELD

HEALTHY KIDS DAY is designed to encourage kids to get up, get out and grow during the summer months!
This FREE family event will expose kids to activities that keep their bodies and minds active.

KIDS OBSTACLE RUN

SATURDAY • JUNE 18 AT 10:30AM

Our KIDS OBSTACLE RUN is designed to inspire kids to get out, be active and enjoy themselves. This 1 mile course will encourage kids to jump, run, and have a good time while conquering obstacles. Most importantly – they will have fun!

AGE 10 & under
 FEE By June 3 \$10/Youth
 June 4–18 \$15/Youth

LOCATION Witter Field

REGISTER Call the Y at 715 887 3240 or active.com



BRIDGE 2 BRIDGE 5K

SATURDAY • JUNE 18 AT 9:00AM

The SWC YMCA's 3.1 mile run/walk will begin at Witter Field, home of the Blossom Fest, and take participants along the Wisconsin River, across two bridges through the downtown area and back to the finish line at Witter Field. Proceeds from the race will benefit the SWC YMCA's chronic disease programs; LIVESTRONG at the YMCA and Diabetes Prevention.

FEE By June 3 \$20/Youth (18 & younger)
 By June 3 \$25/Adult
 June 4–18 \$25/Youth (18 & younger)
 June 4–18 \$30/Adult

LOCATION Witter Field

REGISTER Call the Y at 715 887 3240 or active.com

SUMMER DEVELOPMENTAL SWIM TEAM



The SWC YMCA Black Sharks Swim Team is an association comprised of competitors that are 5-18 years old with a variety of skills. Our summer program will emphasize teamwork, sportsmanship, and personal achievement in the water. Typically the summer swim team is a more relaxed environment. Youth will refine skills and prepare for competitive swim at regional outdoor swim meets. Swimmers will build self-confidence and self-esteem with participation in a team sport while building individual skills and having fun. **Minimum of 13 swimmers to run program.**

AGE	5-18	
DATE	June 13-July 20	
DAY	Mon & Wed	
TIME	6:30pm-8:00pm	
LOCATION	SWC YMCA Port Edwards	
FEE	MEMBER	NON-MEMBER
	\$36	\$54

DEADLINE TO REGISTER IS FRIDAY, JUNE 3, 2016

INTRODUCTION TO ORIENTEERING

In this day and age kids (and some adults) are forgetting the fundamental skills that are being replaced with technology. This course is aimed at teaching basic directional skills and breaking the bond we all have with technology. Kids will learn the art of reading a map, reading a compass, following directions, and finding waypoints. Class will take place outside at Port Edwards location with some off-site travel. Kids will need to bring a comfortable pair of shoes, weather-appropriate clothing, good listening skills, and a great attitude. We will use compasses provided by the Y, if you have your own you are encouraged to bring it.

Maximum of 10 adventurers.

AGE	7-15	
DATE	May 10, 12, 17 & 19	
TIME	4:00pm-5:00pm	
LOCATION	SWC YMCA Port Edwards	
FEE	MEMBER	NON-MEMBER
	\$16	\$27



JUNIOR OLYMPIC GYMNASTICS CAMP



Youth in Kdg-8th grade are encouraged to shake it up by coming to our one day camp to try the gymnastics and cheer programs. The focus will be on safety, fun and encouraging kids to do their best, and believe in themselves.

AGE	Kdg-8th grade	
DATE	Friday, August 26	
TIME	8:00am-5:00pm	
FEE	MEMBER	NON-MEMBER
	\$20	\$30

Fee includes snacks, lunch, crafts & prizes



PRESCHOOL OLYMPIC STARS GYMNASTICS CAMP



Youth 4 & 5 year olds will have a great time learning gymnastics in a fun, challenging atmosphere. This camp will include instruction on all four events; vault uneven bars, beam and floor exercise. No prior gymnastics experience needed.

AGE	4 & 5	
DATE	August 23 & 25	
TIME	10:00am-11:30am	
FEE	MEMBER	NON-MEMBER
	\$18	\$28

Fee includes snacks & prizes

JUMPSTART T-BALL

Jumpstart T-Ball is a great way for kids to learn T-Ball in a safe and healthy environment. The program focuses on teaching rules, sportsmanship and skills necessary to play. Parents are encouraged to participate alongside their child. **Minimum of 6 to run a session.**

AGE	4-6	
DATE	May 4, 11, 18 & 25	
TIME	5:00pm-5:45pm	
LOCATION	SWC YMCA Port Edwards	
FEE	MEMBER	NON-MEMBER
	\$20	\$40



T-BALL LEAGUE

Our T-Ball League will consist of teams of youngsters playing on a miniaturized baseball field using the skills they have acquired during our Jumpstart T-Ball program. Kids will play one game per week for 4 weeks in conjunction with the Jumpstart T-Ball program. Parents are encouraged to practice with their child at home to improve skills like ball handling, throwing, catching, fielding, base-running, hitting and sportsmanship. **Team size will vary.**

AGE	4-6	
DATE	May 12, 19, 26 & June 2	
TIME	5:00pm-5:45pm	
LOCATION	SWC YMCA Port Edwards	
FEE	MEMBER	NON-MEMBER
	\$20	\$40
If registered for Jumpstart T-Ball	\$10	\$20

EXPLORE THE OUTDOORS

YMCA CAMP ALEXANDER

We have more than 50 years of experience in providing a safe, thriving environment for kids to explore personal interests, build self-esteem, develop interpersonal skills, discover the creativity and health benefits of the outdoors and make lasting friendships and memories!



WEEK THEMES	DATE	Y MEMBER	NON-MEMBER
1 World of Mysteries & Wizards	June 6-10	\$190	\$200
2 Animal Week	June 13-17	\$190	\$200
3 Camper Sampler	June 20-24	\$160	\$170
4 Outdoor Explorer	June 27-July 1	\$190	\$200
5 Mini Camper Sampler	July 5-8	\$135	\$145
6 Adventures in Boating!	July 11-15	\$265	\$275
7 Water Olympics	July 18-22	\$190	\$200
8 Resident/Overnight Camp	July 24-29	\$400	\$410
9 Sports Week	Aug 1-5	\$160	\$170
10 Art Attack	Aug 8-12	\$175	\$185
11 Pirates and Parrots	Aug 15-19	\$160	\$170
12 Water Week	Aug 22-26	\$190	\$200

CAMP OPEN HOUSE

Sunday May 29 2:00-4:00pm
 YMCA Camp Alexander
 1053 Camp Road • Wisconsin Rapids, WI 54494



COME SEE WHAT CAMP IS ALL ABOUT!

Meet our Camp Director Doug and staff, take a tour, roast a s'more and enjoy the outdoors! This is a great time to ask questions and learn about all the activities that happen at YMCA Camp Alexander.

SUMMER CLUB AT THE YMCA

This full day licensed childcare programming is fun for youth and pre-teens during the summer months!

Activities include: Swimming, Basketball, Adventure Center, Outdoor/Indoor Free Play, Arts & Crafts, tumbling and much more!

Reasonable weekly rates. Pre-registration required with limited space available. Contact the Childcare Dept at 715 818 6019 to enroll today!

State Assistance Accepted—Financial Assistance Available

REGISTRATION OPEN NOW

AGE	5-12	
DATE	June 6-Aug 26	
DAY & TIME	Monday-Friday • 6:30am-6:00pm	
LOCATION	SWC YMCA Port Edwards	
FEE	MEMBER \$140/Member/Week	NON-MEMBER \$160/Member/Week

ADVENTURE PARTIES

Celebrate your birthday, scout gathering, or other party need at the YMCA! We include a party room that will hold up to 25 guests for one low reasonable rate. We also have an enclosed infant/toddler area for your convenience. The party room is attached to our three-story indoor playground that includes slides, toys, tunnels and a rock climbing wall. Add on the use of our back and/or front swimming pool, lifeguard included! Teen parties include the use of the gymnasium, racquetball courts, youth game room, party room and front pool.

For more information call 715 818 6010

	MEMBER	NON-MEMBER
Splash/Adventure Party	\$110	\$140
Adventure Center Party	\$80	\$110
Teen Party	\$115	\$150



YOUTH GYMNASTICS & AQUATICS SUMMER SESSION DATES

SESSION	SESSION DATES	MEMBER REGISTRATION THRU	COMMUNITY REGISTRATION STARTS
3	June 6-June 24	May 27	May 28
4	July 11-July 29	July 1	July 2
5	Aug 1-Aug 19	July 22	July 23

GYMNASTICS SCHOOL AGE PROGRESSIVE • BOYS & GIRLS

No prior gymnastics experience necessary! Participants have fun learning the fundamentals of gymnastics by acquiring basic skills on all four events. Children age 6 and older are taught basic, intermediate and advanced gymnastic skills on bars, beam, vault and floor.

ROLLERS BEGINNER

FEE	MEMBER	NON-MEMBER
	\$29	\$51
DAY & TIME	Tues & Thurs	5:15pm-6:00pm
	Tues & Thurs	6:00pm-6:45pm

CARTWHEELERS INTERMEDIATE

FEE	MEMBER	NON-MEMBER
	\$29	\$51
DAY & TIME	Tues & Thurs	5:15pm-6:00pm
	Tues & Thurs	6:00pm-6:45pm

AERIALS PRE-TEAM ADVANCED

FEE	MEMBER	NON-MEMBER
	\$34	\$57
DAY & TIME	Tues & Thurs	6:00pm-7:00pm

YOUTH GYMNASTICS PROGRAMS IN WISCONSIN RAPIDS

PROGRAM	AGE	DAY	TIME
Tumble Tykes	4-6	Mon	6:00pm-6:30pm
		Tues	6:00pm-6:30pm
Beginning Tumbling	6-9	Tues	6:30pm-7:00pm

FEE	
\$19/Wisconsin Rapids Resident	
\$22/SWC YMCA Member	
\$39/Non-Member/Non-Resident	



YOUTH AQUATICS AGE 6-15 YEARS

In our 83 degree pool, youth learn personal safety, stroke development, rescue skills and have fun playing water sports and games. Class limit of 8.

POLLIWOG

FEE	MEMBER	NON-MEMBER
	\$23	\$40
DAY & TIME	Tues & Thurs	10:00am-10:40am
	Tues & Thurs	4:45pm-5:25pm

GUPPY

FEE	MEMBER	NON-MEMBER
	\$23	\$40
DAY & TIME	Tues & Thurs	10:45am-11:25am
	Tues & Thurs	5:30pm-6:10pm



MINNOW

FEE	MEMBER	NON-MEMBER
	\$23	\$40
DAY & TIME	Tues & Thurs	11:30am-12:10pm
	Tues & Thurs	6:15pm-6:55pm

FISH

FEE	MEMBER	NON-MEMBER
	\$23	\$40
DAY & TIME	Tues & Thurs	11:30am-12:10pm
	Tues & Thurs	6:15pm-6:55pm

